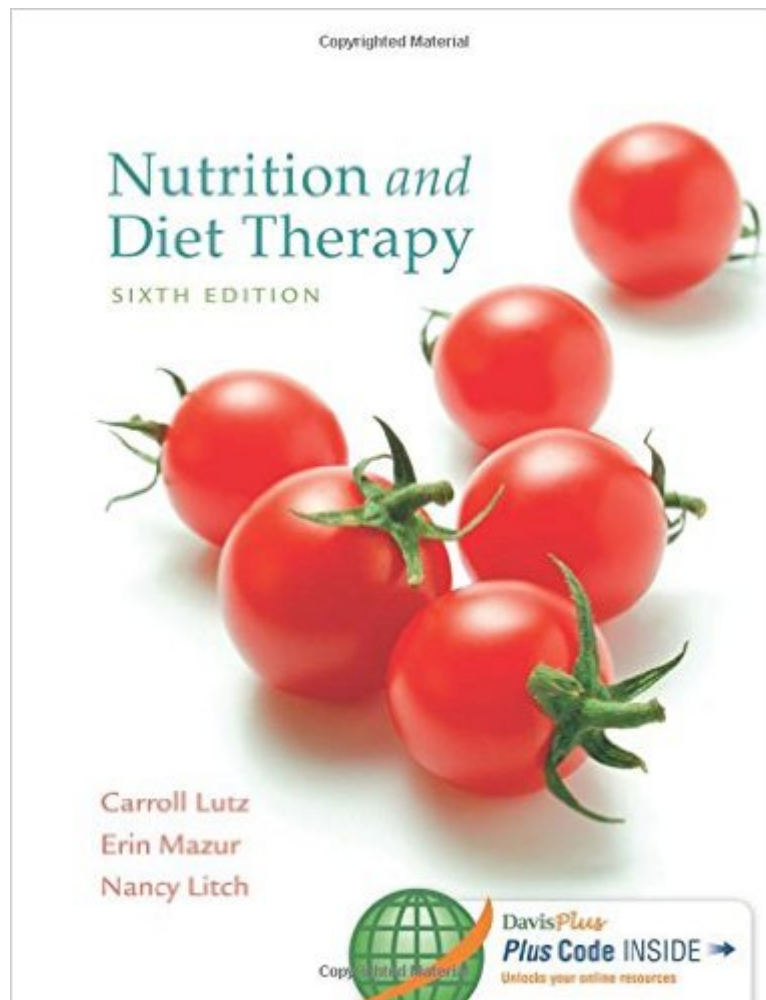


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# Nutrition And Diet Therapy, 6 Edition



## Synopsis

An AJN Book of the Year Award Winner! Meet the ever-changing demands of providing quality nutritional care for patients across the lifespan. This popular text provides a strong foundation in the science of nutrition and a clear understanding of how to apply that knowledge in practice, recognizing the need for nurses to work with other healthcare professionals to ensure optimal nutrition in patient care. Thoroughly updated and revised, it combines nursing care with the nutritional information pertinent to today's classroom and clinical practice settings.

## Book Information

Paperback: 672 pages

Publisher: F.A. Davis Company; 6 edition (August 11, 2014)

Language: English

ISBN-10: 0803637187

ISBN-13: 978-0803637184

Product Dimensions: 8.5 x 1 x 11 inches

Shipping Weight: 3.4 pounds

Average Customer Review: 3.9 out of 5 stars [See all reviews](#) (10 customer reviews)

Best Sellers Rank: #50,362 in Books (See Top 100 in Books) #19 in [Books > Textbooks >](#)

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## Customer Reviews

it's the same textbook as the fifth edition, but just rearranged in order to make a new edition. there isn't any new information in it, so you might as well get a prior edition for a fraction of the cost. but this isn't why it's a bad book. this is what's wrong with it: 1. the approach to treating malnutrition is always case by case when the first thing you learn is that there are 925 million people living with chronic hunger. as i pointed out in class, treating one person for malnutrition will leave 924,999,999 people that are still malnourished. so, the one-on-one approach to treatment is wrong. but more than wrong, it is immoral and criminal. 2. as if in terror of getting sued by the beef / cattle and poultry industry, this textbook completely glosses over the fact that these factory farms have consistently put growth hormones and antibiotics in their products with absolutely no accountability. it's important to know why and how their interest groups are operating in washington d.c., why it is illegal to film factory farms, and why these facilities are not open to the public. 3. it mentions in passing that some of the agricultural practices are not sustainable, but it continues on to provide these foods as an

option to our diet<sup>4</sup>. this textbook never tells you that the majority of people who eat pork have trichinosis<sup>5</sup>. completely glosses over difficulties and dysfunction associated with health. for example, on pg 277 (life cycle nutrition: the mature adult / exercise), it says "recommendations for exercise in the older adult are the same as for the younger adult", without pointing out that the older adult will have to go through a lot of pain and aches to achieve that objective. that's if the older adult is even capable.

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